
Providing:

Community Outreach
Prevention
Education & Awareness

Adult & Youth
One-to-one counselling

Here to support those who are
struggling with addiction, or for
those who are affected by
someone else's addiction.

Referrals to:
Community Resources
Treatment and detox centres

Call for support, to make an
appointment or drop-in to do
the same!

*You are not alone in your
struggles!*



744 Fraser Street
Prince Rupert, BC V8J 1P9
250-627-1717 ext.34
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Alcohol & Drug Counselling Services



*We are many cultures,
but only one community*

Colleen LaSaga, A&D Counsellor
744 Fraser Street
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Alcohol and Drug Counselling Services

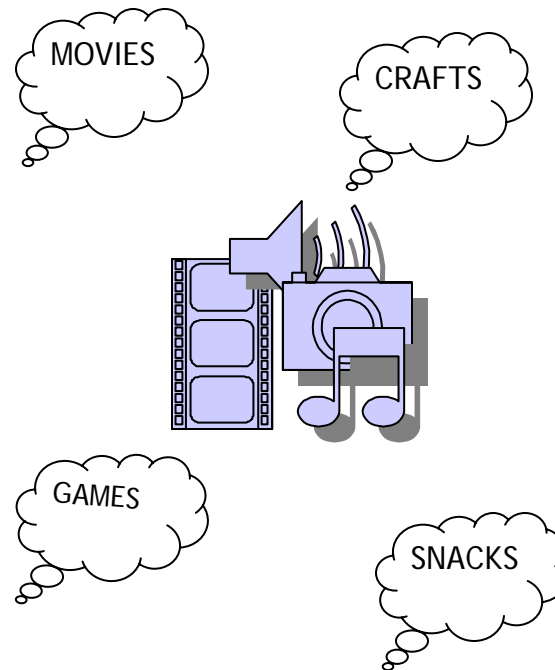
The Friendship House Alcohol and Drug Program offers free confidential one-to-one counselling for anyone in the community who is struggling with addiction, or for those who are affected by someone else's addiction.



Counselling appointments are offered Monday–Friday: 9:00am to 5:00pm

The alcohol and drug program also offers referrals to various community resources and treatment centers; as well as alcohol and drug prevention, education and awareness.

This program also offers various sober activities such as the *Friday Night Sober Family Drop-In*, which takes place weekly from 6:00pm–8:30pm in the



The **Family Sober Drop-In** is a safe and sober environment where participants can meet and support each other, have a snack and work on a variety of fun activities selected by group members.

Confidential Support For You



For more information contact:
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